

RSDS COMPETITION TEAM

REQUIREMENTS

**TEAM COMMITMENT IS A FULL YEAR
SUMMER CLASSES REQUIRED**

PETITE & JUNIOR ELITE GROUPS

JAZZ & LYRICAL: Jazz, Lyrical, 2 Ballet Classes

TAP: Tap Class plus 1 other dance class

HIP HOP: Hip Hop Class plus 1 other dance class

- 7-Day Mandatory August Choreography Intensive
- Friday Team Rehearsal (Sept-June)
- All RSDS Team Competitions & Conventions
- CF Walk Performance
- June Recital Opener & Finale Routines

ADV TEEN & SENIOR ELITE GROUPS

JAZZ, LYRICAL, SPECIALTY LARGE GROUP: Jazz, Lyrical, 2 Ballet Classes, Turns & Progressions Class

TAP: Tap Class plus 1 other dance class

- 7-Day Mandatory August Choreography Intensive
- Friday Team Rehearsal (Sept-June)
- Senior Elite Tap-Wed Rehearsal
- Specialty Large Group-Thurs Rehearsal
- All RSDS Team Competitions & Conventions
- CF Walk Performance
- June Recital Opener & Finale Routines

TEEN JAZZ & LYRICAL GROUPS

Jazz, Lyrical, Ballet Classes

- 7-Day Mandatory August Choreography Intensive
- Friday Team Rehearsal (Sept-June)
- Selected Competitions plus Nationals
- No Conventions Required
- CF Walk Performance
- June Recital Opener & Finale Routines

HOW DO YOU KNOW IF YOUR DANCER IS READY FOR RSDS COMPETITION TEAM?

- They are at least 7 years of age and have had at least 2 years of dance experience
- They take dance class and choreography seriously and work hard in class and at home to improve and memorize
- They dance all the time at home and are interested and willing to practice and apply corrections
- They love being on stage and crave more opportunities to dance for an audience

RSDS Team Invitations are given out by Director Beth Ith to dancers who demonstrate the qualities below and would be a great addition to the RSDS Team, but you do not need an invitation to audition.

Auditions are open to any and all dancers

QUALITIES OF A RSDS COMPETITIVE DANCER:

- Technical Skills & Comprehension
- Performance Quality
- Ability to Accept and Apply Corrections
- Desire to Improve and be Challenged
- Strong Work Ethic in Class and at Home
- Love/Passion for Dance & Performing

2026 MANDATORY 7-DAY COMPETITION GROUP CHOREOGRAPHY INTENSIVE

August 13-19th:

ADV TEEN ELITE GROUPS
SENIOR ELITE GROUPS

August 21-27th:

PETITE ELITE GROUPS
JUNIOR ELITE GROUPS
TEEN GROUPS